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Rome Gastroenterology Associates

Upper Gastrointestinal Endoscopy (EGD) Patient Instructions

Your EGD procedure is scheduled on: Date: _____ Time _____

- Monday Tuesday Wednesday Thursday Friday
 Dr. Griffith Dr. Lataif Dr. Remoroza Dr. Lufadeju

Morning EGDs: Nothing to eat or drink after midnight the day before your EGD.

Afternoon EGDs: Nothing to eat or drink at least 6 hours before your EGD. NPO after _____

Please arrive at _____ for your appointment time.

Take your regular medications the morning of your EGD with just a sip of water.

If you are diabetic, do not take your insulin or any diabetic oral medication.

You must have a driver with you. You will receive medication that will make you sleepy and forgetful, so you will not be allowed to take a bus, taxi or drive yourself home. Plan to have someone stay with you for 24 hours after discharge.

You will not be able to return to work the day of your EGD. If you need a work excuse for the day of your EGD we can provide you with that at the time you check out.

Please contact our office if you are taking Coumadin, Warfarin, Xarelto, Arixtra, Lovenox, Pradaxa, Persantine, Ticlid, Plavix, Aggrenox, Effient or any other blood thinners including aspirin. *If you are not sure if the medication you take is a blood thinner, please call us or your pharmacist. Certain blood thinners must be stopped prior to your procedure. If you have been advised by your physician or surgeon to never discontinue your blood thinner, let us know and we will talk with your physician.*

If you have an artificial heart valve or require antibiotics prior to treatment, please let us know at least 48 hours before your EGD so we can treat you accordingly.

Please leave all jewelry and valuables at home.

Bring all of your regular medications in the original container.

If you wear dentures, please be prepared to remove them before your procedure. You may keep them in place until the nurse advises you to remove them.

Bring your photo ID and insurance card.

If you have any questions at all **please feel free to call our office at 706-295-3992.** We look forward to seeing you on the day of your scheduled appointment.